

## Report on SDG10: Reduced Inequalities Thaksin University, Thailand

Thaksin University has implemented initiatives to reduce inequality, calling for collaboration across all sectors to build a more equitable and just society in every dimension. The aim is to reduce inequality both within and between countries.

### TSU and Poverty Alleviation

As part of Thaksin University's efforts to combat poverty among grassroots communities and build a more equitable society, researchers from Thaksin University presented the *Krajood Poverty Alleviation Model* at the seminar *Addressing Poverty: The Path to Success and Well-being*, under the theme "Success Stories in Poverty Alleviation." The seminar included a presentation titled "Income Enhancement for the Poor in Khuan Khanun District, Phatthalung Province, with the Krajood Model." This event was organized by the Senate's Commission on Poverty and Inequality Reduction in collaboration with the Ministry of Interior, Ministry of Higher Education, Science, Research and Innovation, the National Economic and Social Development Council, the Village and Urban Community Fund Office, and Rotary Club. The keynote speech, titled *National Agenda: Thailand's Anti-Poverty Policy*, was delivered by Deputy Prime Minister and Minister of Interior, Mr. Anutin Charnvirakul. This event gathered insights from various public and private organizations to collaboratively address poverty and inequality, aimed at improving the living standards and quality of life for the people.





### Good Health and Well-being for Everyone at All Ages

Thaksin University has ensured the promotion of good health and well-being for everyone at all ages. The Faculty of Nursing, Thaksin University has reopened the *Senior Health Promotion Center* after a temporary closure during the COVID-19 pandemic, as part of a project to promote health and prevent dementia among the elderly.

This reopening is an excellent opportunity to resume regular activities, supporting the health of the community. The Faculty of Nursing recognizes the importance of enhancing elderly health in the communities surrounding Thaksin University and will conduct activities every Wednesday at the Senior Health Promotion Center.





## Mental Clinic

Additionally, Thaksin University has a vital mission to provide comprehensive services and welfare to students, ensuring they are cared for as if under the guardianship of their families. The Student Affairs Division and other university departments have implemented support programs to assist students affected by health crises and other challenges.



**Thaksin University**  
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

# คลินิกสุขภาพใจ

คณะมนุษยศาสตร์และสังคมศาสตร์  
พร้อมให้คำปรึกษานิสิต

ให้บริการวันจันทร์-ศุกร์  
เวลา 09.00-17.00 น.

**ติดต่อสอบถาม/นัดหมาย**

- งานพัฒนานิสิตและศิษย์เก่าสัมพันธ์  
คณะมนุษยศาสตร์และสังคมศาสตร์ ม.ทักษิณ
- อ.หนึ่ง - ผศ.ดร.ก้องกิตติการ บุญช่วย  
โทร.0-7431-7600 ต่อ 1004, 06-4624-1594
- น.ศ.ศุภ - ภาณุวัฒน์ นานพ  
โทร.0-7431-7605, 08-9598-5529

CREED, CREW, CHEER, CHITTING, CHITTING OUT

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ขอเชิญชวนนิสิตเข้าร่วม  
**กิจกรรมชมเศร้า**  
**เราเข้าใจ**

บรรยายให้ความรู้ หัวข้อ "เรียนรู้และเข้าใจโรคซึมเศร้า"  
โดย คุณณภลัย ดือราแม เจ้าหน้าที่นักจิตวิทยาปฏิบัติการ  
จากศูนย์สุขภาพจิตที่ 12 จังหวัดสงขลา

บรรยายให้ความรู้ หัวข้อ "เทคนิคดูแลสุขภาพใจ ช่วงไกลภาวะซึมเศร้า"  
โดย คุณนุรมาณีรี สุติรินทร์เจ้าหน้าที่นักจิตวิทยาปฏิบัติการ  
จากศูนย์สุขภาพจิตที่ 12 จังหวัดสงขลา

TSU

ฝ่ายกิจการนิสิต มหาวิทยาลัยทักษิณ วิทยาเขตสงขลา

Source: [Facebook](#)

Meanwhile, Thaksin University is committed to driving a supportive social dynamic by opening public spaces on its Phatthalung campus, transforming it into a city garden. This public area brings vibrancy, smiles, and happiness to the community in an inclusive and equitable way. It also serves as a space for conversation, fostering connections among people and promoting sustainable health. One popular activity is inline skating, which has garnered significant interest from children around Thaksin University's Phatthalung campus and nearby communities. It has become a familiar sight to see parents bringing their children here to enjoy outdoor activities.

