

Report on SDG2: Zero Hunger Thaksin University, Thailand

2.3.5 Staff hunger interventions

University Projects to Prevent or Alleviate Hunger Among Staff

Thaksin University is committed to ensuring that staff and students have sufficient access to safe and nutritious food. The university also supports the creation of a community that sustainably shares food resources, in line with SDG Goals 2 (Zero Hunger) and 3 (Good Health and Well-Being). Details of the initiatives are as follows:

1. Vegetable Garden Spaces in Staff and Student Dormitories

- Thaksin university has designated areas for vegetable gardening around staff and student dormitories, providing a source of fresh and safe produce that helps reduce food expenses and offers healthy options. A variety of vegetables are grown in rotation, including lettuce, kale, green onions, cilantro, and other local greens, with participation from staff and students in planting and care.
- This project also promotes learning vegetable gardening skills, which can be applied in daily life as a beneficial skill for personal and family health.





2. Food Sharing and Exchange Areas

- To promote support and sharing within the community, the university has set up food-sharing areas in different departments, including a "Sharing Shelf," where students and staff can contribute dried foods, ingredients, or produce from their gardens.

- o Additionally, food exchange points allow everyone to bring food or ingredients to share freely, fostering resource sharing, reducing waste, and strengthening the community.



3. "Joining Hands in Love" Activity

- The “Joining Hands in Love” activity promotes unity and understanding within the university community. Staff can bring food to share, exchange, or prepare meals together to offer to colleagues who may have higher food-related expenses.
- This activity fosters camaraderie as staff share meals and build relationships in a warm atmosphere. It also encourages everyone to see the value in sharing and supporting colleagues. Additionally, it provides opportunities to learn about different foods and cultures, enhancing cultural diversity within the university.



Outcomes and Benefits of the Projects

These projects help create an environment where staff and students have sufficient and sustainable access to food. They build a strong, supportive community, making Thaksin University a warm and inclusive space that enhances health and quality of life for everyone in the community.